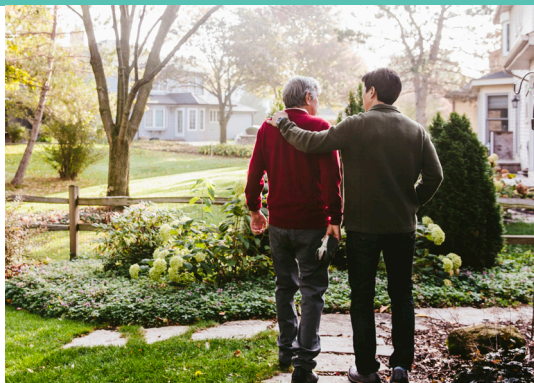


ALZHEIMER'S ASSOCIATION®

Dementia Conversations Mini-Conference



Thursday, October 27

9 a.m. – 4 p.m.

The Gathering Room, Council Bluffs

(attached to ThunderBowl)

Register at alz.org/iowa or call 1.800.272.3900

***Caregivers and families affected by Alzheimer's or dementia
are invited to join us, free of charge*.***

**Registration required*

TOPICS

Caregiver stress and wellness

Cognitive testing

Legal and power of attorney concerns

Types of dementia

Managing dementia-related behaviors

Warning signs of Alzheimer's

AGENDA

9 a.m.: Welcome

9:10 - 10:10 a.m.: Patti Salvo-McGinn:
Compassion Fatigue: Exhausted by Love

5 Min. Break

10:15 - 10:45 a.m.: Marti Nerenstone:
Sharing personal experiences in caregiving

15 Min. Break

11 a.m. - 12 p.m.: Dr. Lindy Fields: *When to Take a Loved One for Cognitive Testing*

12 - 12:30 p.m.: Lunch break

12:30 - 1:30 p.m.: Deborah L. Petersen:
I need WHAT? The Legal Stuff

15 Min. Break

1:45 - 2:45 p.m.: Jessica Duncan: *Know the Ten Warning Signs of Dementia*

15 Min. Break

3 - 4 p.m.: Shelly Otten: *The 4 Main Types of Dementia - How They Present and the Interventions to Put in Place to Help*

Lunch and snacks will be provided. If you have allergies, please contact jessica.duncan@angmarcompanies.com, so we can accomodate.

Register at alz.org/iowa or call 800.272.3900

SPECIAL THANK YOU

- Hansen House
- Dean and Connie Ratliff
- Angels Care Home Health
- Petersen Law PLLC
- Methodist Physicians Clinic – Neuropsychology Clinic and Geriatric Assessment Clinic
- CountryHouse Residence

Conference Speakers

Dr. Lindy Fields
Methodist Health System



Dr. Fields is a clinical neuropsychologist at Methodist Health System. She conducts neuropsychological evaluations as part of Methodist Physicians Clinic – Neuropsychology Clinic and Geriatric Assessment Clinic. Her clinical and research interests include aging, dementia, memory disorders, traumatic brain injury, and sports-related concussion. She enjoys educating the community about brain health.

Shelly Otten, RN-BC, IALMP, CDP
CountryHouse Residence

Shelly Otten has been a nurse for 30 years. She has specialized in geriatric nursing since 2004 and is an ANCC-certified Geriatric Nurse. She is the Executive Director at CountryHouse in Council Bluffs. She is also a Certified Dementia Practitioner and an Iowa Assisted Living Management Professional. She is passionate about caring for those living with dementia and educating people about the disease.



Patti Salvo-McGinn, MS, LMHC, LIMHP
Horizon Therapy Group



Patti Salvo-McGinn is a Licensed Mental Health Therapist and part owner of Horizon Therapy Group in Council Bluffs. She has been in the mental health industry since 1988, and she earned her Bachelor's Degree in Psychology and Master's degree in Guidance and Counseling from the University of Nebraska.

Deborah L. Petersen
Petersen Law PLLC

Deborah L. Petersen is an attorney at her firm Petersen Law PLLC in Council Bluffs. Her practice is centered around real estate, business, estate planning, trust administration, elder law and probate matters. She is active in many of Iowa's legal organizations including the Iowa State Bar Association Board of Governors and Real Estate Section Council. She is involved with the Alzheimer's Association Iowa Chapter on the Board of Directors, as a Community Educator and more.



Jessica Duncan, CDP
Angels Care Home Health



Jessica Duncan has been an Account Executive at Angels Care Home Health in Council Bluffs since May 2019. She earned her Bachelor's Degree in Health Care Administration and Policy with a minor in Sociology from Creighton University. She is a volunteer for the Alzheimer's Association Iowa Chapter as the Walk to End Alzheimer's Chair, Advisory Council Member, Community Educator and more.

Marti Nerenstone
Attorney

Marti Nerenstone is an attorney in Council Bluffs. She is U.S. Army Veteran and a graduate of the University of Iowa Law School. Marti's life partner, Ann Carpenter, was a Spanish, ESL and GED teacher, as well as a church resource specialist and organist. They met in 1987, committed as life partners in 1989, and married in Iowa in 2009. When Ann exhibited more signs of dementia and could no longer be left alone, Marti moved her law office to their house to take care of Ann full-time for about a year until Ann died at home in August 2021.

