

Namaste Goat Yoga

COVID-19 STUDIO POLICY



01 CHECK YOURSELF

We are a responsible community. We trust you to stay home if you are sick or may have been exposed.

02 BYOM

Please bring your own mats.

03 CLASSES ARE OUTSIDE*

We'll take advantage of the amazing ventilation and views nature provides us.

04 INTIMATE CLASS SIZE

Classes will be capped at 20 participants.

05 MATS 6+ FEET APART

Due to our small class size and outdoor space, we'll have no trouble maintaining social distance.

06 WEAR A MASK

The most important way to protect yourself and others is to mask up.

*In the event of inclement weather, we have a space with an open shed door to provide adequate ventilation.